

Front Lines

PRESENTING PROMISING PROGRAMS AND PRODUCTS

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A training program to reduce workplace injuries recently entered the local government sphere. Offered by **BodyLogic Health Management**, based in International Falls, MN, the program is reportedly the first of its kind to target the needs of city workers, ranging from police officers to street maintenance crews.



Police officers and other city employees can benefit from an injury-prevention program.

By emphasizing individual assessment, the program strives to enhance employee health and well-being, while helping employers achieve measurable increases in productivity and reductions in workers' compensation costs.

The program integrates workplace ergonomics (such as lifting and bending techniques) with proper body mechanics and long-term back care. A team of consultants throughout the U.S. can provide everything from supervisor training to books, videos, and other resource materials.

The program is designed to work with mandates of specific training departments and with existing injury-prevention efforts.

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